

Year 6 Knowledge organiser- PSHE

Jigsaw - Changing Me

Reflective Questions

- Can we talk about changes that will happen to your body in the next few years?
- What does mutual respect mean?
- What are you excited and nervous about with secondary school?

What Makes Our School Great?

As good citizens of Water Orton Primary School it is important for us to have positive self esteem and body image of ourselves and others. We can understand that we may feel pressure to do things we don't want to in a relationship but mutual respect is essential for a

RESPECT

EVERY

BODY



Weekly Celebrations:

- Week 1- Understand that everyone is unique and special.
- Week 2 - Can express how they feel when change happens.
- Week 3 - Understand and respect the changes that they see in themselves
- Week 4 - Understand and respect the changes that they see in other people.
- Week 5 - Know who to ask for help if they are worried about change.
- Week 6 - Are looking forward to change.

Puzzle Outcomes

- I know that it is important for me to recognise my self esteem and know how to develop it.
- I can express how I feel about changes that will happen during puberty
- I know how a baby develops and can say how I can reflect on the development and birth of a baby.
- I know that being physically attracted to someone changes a relationship but I understand that mutual respect is essential so that both parties are doing something they want to.
- I can celebrate what I like about my own and others self image and body image.
- I know what I am looking forward to and what I am worried about as I move onto secondary school and how emotional this is.

Jigsaw Learning Charter

Key Vocabulary

Age appropriateness	Suitable and right for people of your age.
Body image	The idea someone has about what their own body looks like.
Comparison	The act of considering the similarity or differences between two or more things.
Growth spurt	When you have a lot of changes in your body and you start becoming a teenager.
Ejaculation	The release of sperm.
Erection	When a man's penis is bigger, harder and raises up in preparation for making love.
Fallopian Tube	Two tubes in a woman's body where eggs travel from the ovaries to the womb.
Fertilised	A male cell joining to a female cell to create a new animal.
Genitals	The outer sexual organs, especially the penis, or vulva.
Making love	Sexual activity which can result in the making of a baby.
Menstruation	The flow of blood from a woman's uterus.
Uncircumcised	To cut the protecting loose skin off a boy's or man's penis for medical, religious or traditional reasons.

