



Grange Primary School

Physical Education and Sports Premium (PESP) Strategy Statement 2021-22

Introduction

At Grange Primary School, our aim is to ensure that all pupils achieve their potential, personally, socially, emotionally and academically in all areas of the curriculum, regardless of their gender, ethnicity, social background, religion, sexual identity, physical ability or educational needs. We understand the importance of Physical Education (PE) and sport in our curriculum and in the lives of all our pupils, on their physical development, but also on their social and emotional development.

Background

The London 2012 Olympic and Paralympic Games provided us with the opportunity to inspire the nation to participate in and enjoy sport. As a part of the UK government's Olympic legacy, it was announced that £150 million of funding would be made available to schools for PE and sport, which came through the introduction of the PE and Sport Premium (PESP). The funding is to be used to make additional and sustainable improvements to the quality of PE and sport on offer in schools, thereby developing children's enjoyment of sport and physical activity from an early age. A welcomed announcement in July 2021 is that the Primary PE and Sport Premium funding will continue for the 2021-2022 year. In addition, any money that was unspent due to school closures in the 2020-21 academic year, will be rolled over into the 2021-22 academic year.

Principles

The PE and Sport Premium is designed to help children get an active start in life, supporting primary schools to improve the quality of their physical education and sport provision so that pupils experience the benefits of regular exercise – from becoming healthier both mentally and physically, to improved behaviour and better academic achievement. We want children to enjoy physical activity during their time at school, so they can continue to lead healthy and active lifestyles as adults. They are then more likely to pass this onto their families and children when they grow up, leading to a healthier society.

We will use the funding to make additional and sustainable improvements to the quality of PE, physical activity and sport we provide. We will use the Sports Premium to:

- develop or add to the PE, physical activity and sport that your school provides
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

We recognise the impact PE and sport can have on pupils' lives and aim to ensure all children receive high quality PE and sport provision while at Grange Primary School.

Key priorities:

- Increase the engagement of all pupils in regular physical activity
- Raise the profile of PE and sport across the school and use it as a tool for whole-school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Provide a broader experience of a range of sports and activities offered to all pupils
- Increase in participation in competitive sport

How Grange Primary School uses the PE and Sport Premium

In the academic year 2021-2022, Grange will receive £20,480. This will be added to the amount rolled over from last year, which brings out total funding to £32,465. We believe every child has the potential to be great in anything they take part in. This is even more important in sport where there is such a wide range of disciplines and sports children can engage in and enjoy. More and more research is being developed showing the positive trend between children's health and fitness and children's academic achievement. Research from The Daily Mile shows that there are significant benefits to children who take part in regular physical exercise:

- Reduces anxiety and stress
- Improved fitness and energy levels
- Greater concentration evident in class
- Health outcomes for life are improved
- Classes experience the pleasure of being outdoors, in all seasons
- Obesity and weight reduction is addressed for all age groups
- Helps to build confidence
- Children with SEN feel the benefits of regular participation
- As a social activity, it can improve relationships and reduce isolation
- Children have a sense of achievement in their own fitness
- Develops greater resilience and determination


PE is a subject often not covered in great detail during teacher training courses. An additional barrier is teachers' own experiences of PE while at school; many of which were more negative than positive. To break the cycle of teachers subconsciously portraying their own judgements and lack of enjoyment of PE onto pupils, we have a robust system of professional development. This is key to ensure that even if our teachers aren't the fittest and healthiest people, it doesn't stop our children from being so. For one half term throughout the school year, all teachers will have the chance to work 1:1 with our PE teacher to develop teaching across a series of lessons. This helps teachers to develop a range of teaching strategies that they may not have learnt during their teacher training. In addition, teachers have the chance engage in borough training events aimed at developing skills in a specific area of PE, for example in gymnastics.

As well as teachers having additional support in PE lessons, our children also have the benefit of an additional PE teacher in their PE lessons once per week. The PESPP is used to fund a second PE teacher to scaffold, support and challenge pupils during each lesson. A huge investment that we have made this year is

buying into Create Development's Real Legacy programme. This is a 2-year commitment where teachers and pupils can follow an online programme of lessons with creative activities and stimulating videos to support children's development in PE. It brings together home, school and the whole community to enable cultural change. The programme is committed to teacher development and provides 4 bespoke training days to support teachers to develop their teaching practice.

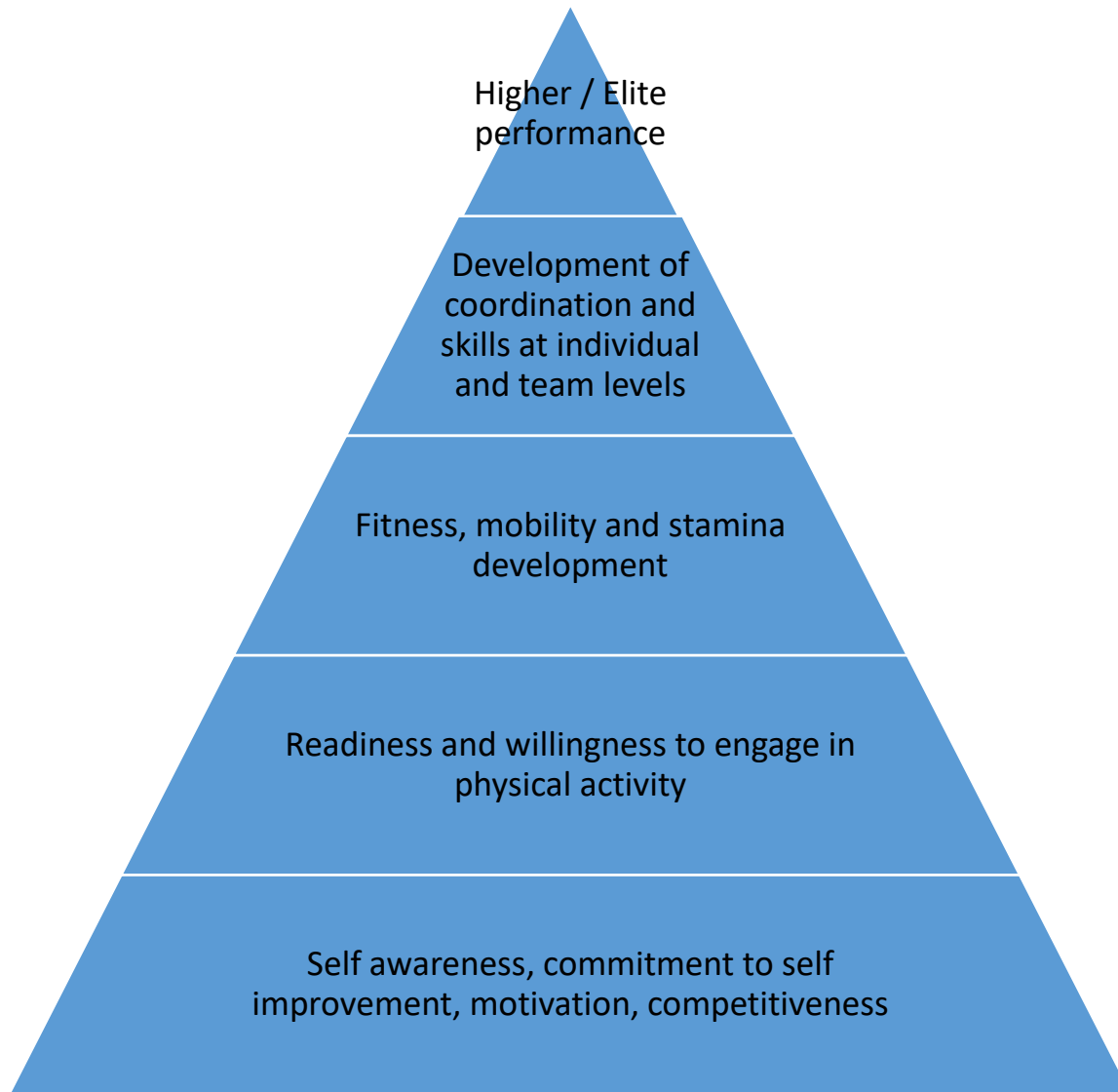
Our PE curriculum provides children to develop 6 keys areas of learning, which are applicable across all subjects:

These 6 areas then elicit development in the following 9 areas:

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|--|---|--|---|
| <ul style="list-style-type: none">• Cognitive• Personal• Health and fitness• Creative• Physical• Social |  | <ul style="list-style-type: none">➤ Inclusion and engagement➤ Teaching and learning➤ Planning and assessment➤ Staff training and support➤ Pupil achievement and progress | <ul style="list-style-type: none">➤ Health and wellbeing➤ Compleitive opportunities➤ Enrichment opportunities➤ Whole school impact |
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We are acutely aware of the significant amount of time pupils have spent at home over lockdown. This has often been inside homes with pupils rarely engaging in any physical activity and leading sedentary lifestyles. As a result, we have introduced the use of an online platform called 'Jasmine' for all pupils to access from home. Teachers set home learning in PE for children to complete active challenges and send in pictures or videos of them completing the tasks.

A hierarchy of learners' needs: How Grange's PE and Sports Premium Strategy Fits in



Children take opportunities to prepare for and participate in sports at high levels of performance with elite partners and competitors.

Children use provided opportunities to refine and extend their coordination and skills individually and in teamwork.

Children challenge themselves to extend their fitness, strength, stamina and mobility to increase their performance.

Children are aware of the impact of their weight, strength and mobility on their capacity for physical activity. They are willing use and extend this capacity. They benefit from access to sports that they might not otherwise encounter.

Children are aware of their current capacity for physical activity and engagement and what they might do to improve it. They want to improve themselves, competing against their past performance and recognise that working with others can support this.