



# P.E. Policy

Updated: December 2021

To be reviewed: July 2022

## **Curriculum Statement**

Grange Primary School recognises the value of Physical Education (P.E.). We aim to provide a broad and balanced P.E. curriculum that fully adheres to the aims of the National Curriculum to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

We acknowledge and follow the DfE recommendation of children engaging in P.E. for two hours per week. An extensive extra-curricular provision provides further challenge and access to a range of physical activity. Our children learn in a safe and comfortable environment which provides them with a foundation for lifelong physical activity and a healthy lifestyle.

Our P.E. curriculum follows a comprehensive and child-centred approach from Create Development called 'Real P.E'. Real P.E. uses 6 cogs to connect children's learning, these are: Personal; Social; Cognitive; Creative; Physical: Health and Fitness. Every child will develop the physical literacy, emotional and thinking skills needed to be successful both in P.E. and sport and across the curriculum.

We have in-depth units of lessons focused on a specific sport each term taught by P.E. specialists in order to develop children's sport-specific understanding and begin to think of strategies that can be applied in competitive sport. In these lessons, children are given the opportunity to engage in healthy competition and are challenged consistently in their learning to achieve their potential. Every child will take part in 6 intra-school competitions throughout the year to apply the skills that they have learnt in a safe competitive environment.

In addition, we aim to enable all students from Y1-6 to participate in competitive sports with children from schools in the local area. This supports students to further develop their skills, both physical and social, whilst also feeling proud that they are representing Grange Primary School. Moreover, children who demonstrate high skill levels in specific sports will have the opportunity to take part in elite Harrow sports competitions.

## **Subject Aims and Objectives**

P.E. is a foundation subject which is highly valued at Grange Primary School. We aim to:

- develop a love of P.E. and school sport in all children
- encourage children to lead healthy, active lifestyles which they will pass onto their families as they grow older
- develop a physical competency to use a range of sport and non-sport-specific skills and techniques
- expose our children to a range of sporting activities to provide them with the best opportunity to develop an interest in a sport and subsequently excel in it.

## **Teaching and Learning**

Our children will:

- receive two hours of high-quality P.E. lessons per week; one taught by a P.E. specialist and one taught by the class teacher.
- be active throughout the lesson and given opportunities to apply all new skills they learnt.
- have good quality sport equipment to use both during lessons and during break times.
- learn to evaluate and reflect on their own performance as well as that of others.
- have the opportunity to both collaborate and compete with others – both inter and intra school.

## **Swimming Provision**

Every child in Year 4 will have the opportunity to take part in a swimming programme delivered by experienced swimming coaches at Hatch End Swimming Baths. All children will take part in a 30-minute swimming lesson per week. children will follow a reputable swimming programme to enable them to swim 25m unaided by the end of the year.

Children who are in Year 6 at Grange who are unable to swim 25m independently will be given the opportunity to take part in an additional 6-week swimming programme free of charge during the summer term.

## **Planning and Resources**

P.E. equipment is stored safely in the P.E. Hall. The storage space is regularly checked by P.E. leads and sports teachers to ensure it is tidy and organised. Staff are advised to inform the P.E. team of any broken, damaged or lost equipment so that replacements can be ordered.

Information about the school's P.E. and Sport Premium funding allocation and how it is spent each year is published on the school website along with an impact statement.

The key 'cogs' and skills for each unit are mapped out on the school P.E. progression map and detailed planning for each Real P.E. lesson is accessed by all staff through their Real P.E. accounts.

## **Assessment**

Across the school, class teachers carry out assessments on a standardised excel spreadsheet following each unit of work. Teachers are advised to use this assessment to inform future planning.

## **Equal Opportunities**

At Grange Primary School we are committed to ensuring that all children participate in P.E. and physical activity irrespective of socio-economic background, gender, disability and ethnicity in all areas of the curriculum. All teachers plan their lessons with their class and children in mind and make necessary adaptations to ensure appropriate challenge and inclusive activities for all.

## **Inclusion**

At Grange Primary School we are committed to ensuring that all children participate in P.E. and physical activity irrespective of any special educational need(s) or physical disability they may have. We believe that all children should be equally engaged and able to participate in the range of activities on offer in order to reach their own potential. The Real P.E. programme that we follow is fully inclusive and provides support and guidance on how to best differentiate and adapt learning as needed.

## **Competition and School Sports Partnership**

All children participate in Sports Day which takes place towards the end of the Summer term each year. The school is an active member of the School Sports Partnership and values the contribution the partnership makes to P.E. and sport. We make the best use of the expertise provided through the partnership, inviting coaches to teach lessons and attending subject leader training sessions.

Grange Primary School have developed relationships with local schools and arrange a variety of sports events for different year groups to provide children with the opportunity to meet other learners of the same age and engage in healthy competition.

## **Role of Subject Leaders**

### **Training**

- Provide support and training for staff in-house, including the planning, teaching, assessment of learning.
- Act on feedback to evaluate the P.E. curriculum and adapt where necessary.
- Provide up-to-date information for teachers for resources to support planning and teaching.
- Seek further training and support from specialist teachers and coaches, through Real P.E. representatives, Harrow Borough representatives and the Youth Sports Trust.

### **Curriculum**

- Each term, hold learning conversations with each year group to ensure teachers are on track and high-quality P.E. provision is taking place across the school.

- Over the course of an academic year, ensure lesson visits have taken place to assess P.E. provision across the school and ensure high standards in the teaching of P.E.
- Timetable specialist teachers and coaches (liaising with P.E. SLT lead).
- Ensure the P.E. curriculum resources available are of good quality and quantity.
- Promote P.E. and sport across the school, encouraging children's participation and celebrating involvement and successes.

#### Organisation

- Register the school for various borough sporting events.
- Complete risk assessments for sporting events and attend as many as possible.
- Organise and facilitate annual Sports Days.
- Report to the P.E. SLT lead, Headteacher and Governors regarding P.E.

#### Budgeting

- Complete the 'Evidencing the Impact of the Primary P.E. and Sport Premium' and 'P.E.S.P. Expenditure Plan' documents annually.

This policy will be reviewed annually.