

What is confidence?

https://www.youtube.com/watch?v=I_NYrWgUR40

Once you have watched the video, answer the following question:

How can we develop a growth mindset?

Friendship soup:

<https://www.youtube.com/watch?v=H7w7yXkJTU0>

Once you have watched the video, answer the following question:

What other ingredients can you think of to add to the friendship soup?