

WEEK 3

Autumn / Winter 2017

GRANGE PRIMARY SCHOOL



Week Commencing:

18th September

9th October

6th November

27th November

18th December

Main Option

Monday.

Mushroom Stroganoff
served with
Steamed Rice

Tuesday.

Chicken Sausage
served with
Mashed Potato and
Red Onion Gravy

Wednesday.

Roast Chicken Thigh
served with Stuffing,
Roast Potatoes
and Gravy

Thursday.

Minced Lamb and
Onion Pie served
with Sweet
Potato Mash

Friday.

White Fish or
Salmon Goujons
served with Chips

Option 2 Vegetarian

Chimichangas served
with Sweet Chilli
Dipping Sauce and
Cous Cous

Roasted Vegetable
Gratin served
with New Potatoes

Roast Quorn Fillet
served with Roast
Potatoes and Gravy

Macaroni Cheese

Spanish Omelette
served with Chips

Alternative

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans
or Coleslaw

Tuna and
Sweetcorn Pasta

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans
or Coleslaw

Fusilli with
Tomato and
Mascarpone Sauce

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans
or Coleslaw

Vegetables

Roast Parsnips
Baton Carrots

Broccoli
Sweetcorn

Mashed Carrot
and Swede

Green Beans
Cauliflower

Baked Beans
Mushy Peas

Dessert

Mixed Fruit Cobbler
with Custard

Marble Cake
with Custard

Vanilla Cheesecake

Eves Pudding
with Custard

Iced Orange Sponge

We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.



British and Local
Free Range Eggs

