

WEEK 1

Autumn / Winter 2017

GRANGE PRIMARY SCHOOL



Week Commencing:

4th September

25th September

16th October

13th November

4th December

**Main
Option**

Monday.

Vegetable Sausage
served with Mashed
Potato and Gravy

Tuesday.

Roast Chicken Thigh
served with Stuffing,
Roast Potatoes
and Gravy

Wednesday.

Chicken, Tomato and
Mixed Pepper Bake
served with
Steamed Rice

Thursday.

Turkey Bolognese
served
with Spaghetti

Friday.

Golden Fish Fingers
served with Chips

Option 2 V
Vegetarian

Vegetarian Lasagne
served with a
Garlic Slice

Cheddar and
Caramelised Red
Onion Quiche
served with
Roast Potatoes

Vegetable Burger
served in a Bun
with Homemade
Tomato Sauce

Sweet Potato and
Chick Pea Curry
served with
Steamed Rice

Crispy Vegetable
Nuggets served
with Chips

Alternative

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans
or Coleslaw

Cheesy Leek
Penne Pasta

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans
or Coleslaw

Tomato and Basil
Pasta Twists

Jacket Potato with
Grated Cheese, Tuna
Mayo, Baked Beans
or Coleslaw

Vegetables

Sweetcorn
Tossed Salad

Stir-fried Cabbage
and Leeks
Baton Carrots

Cauliflower
Winter Slaw

Sliced Carrots
Green Beans

Baked Beans
Garden Peas

Dessert

Lemon Pudding
with Custard

Strawberry Jelly

Pear and Ginger
Crumble
with Custard

Vanilla Sponge
with Custard

Fruity Muffin

We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.



British and Local
**Free
Range
Eggs**

