

WEEK 2

ALLERGENS



Peanuts.



Nuts.



Milk.



Soya.



Mustard.



Lupin.



Eggs.



Fish.



Mollusc.



Shellfish.



Gluten.



Sesame Seeds.



Celery.



Sulphur Dioxide.

	Peanuts.	Nuts.	Milk.	Soya.	Mustard.	Lupin.	Eggs.	Fish.	Mollusc.	Shellfish.	Gluten.	Sesame Seeds.	Celery.	Sulphur Dioxide.
Creamy Vegetable Pasta Bake			YES								Wheat			
Shepherdess Pie			YES	YES							Barley			YES
Jam Sponge with Custard			YES				YES				Wheat			YES
BBQ Chicken and Sweetcorn Pizza served with Herby Diced Potatoes			YES		YES			YES			Wheat, Barley		YES	YES
Cheese and Tomato Pizza served with Herby Diced Potatoes			YES								Wheat			YES
Apple and Cinnamon Pie with Custard			YES								Wheat			
Roast Turkey served with Stuffing Roast Potatoes and Gravy											Wheat			
Cheese and Onion Puff served with Roast Potatoes and Gravy			YES				YES				Wheat			YES
Frozen Yoghurt			YES											
Tandoori Chicken Thigh served with Naan Bread			YES	YES	YES						Wheat			
Cherry Tomato and Pesto Pasta			YES								Wheat			
Fruit Salad with Shortbread Finger											Wheat			
Breaded Fish Fillet served with Chips								YES			Wheat			
Quorn Sausage served with Chips			YES				YES				Wheat			
Chocolate and Beetroot Cake							YES				Wheat			

