

WEEK 1

ALLERGENS



Peanuts.



Nuts.



Milk.



Soya.



Mustard.



Lupin.



Eggs.



Fish.



Mollusc.



Shellfish.



Gluten.



Sesame Seeds.



Celery.



Sulphur Dioxide.

Vegetable Sausage served with Mashed Potato and Gravy			YES								Wheat		
Vegetarian Lasagne served with a Garlic Slice			YES	YES							Wheat, Barley		YES
Lemon Pudding with Custard			YES				YES				Wheat		
Chicken, Tomato and Mixed Pepper Bake served with Steamed Rice													YES
Vegetable Burger served in a Bun with Homemade Tomato Sauce								YES			Barley, Wheat	YES	YES
Pear and Ginger Crumble with Custard			YES								Oats, Wheat		
Roast Chicken Thigh served with Stuffing, Roast Potatoes and Gravy											Wheat		
Cheddar and Caramelised Red Onion Quiche served with Roast Potatoes			YES				YES				Wheat		YES
Strawberry Jelly													
Turkey Bolognese served with Spaghetti											Wheat	YES	YES
Sweet Potato and Chick Pea Curry served with Steamed Rice													YES
Vanilla Sponge with Custard			YES				YES				Wheat		
Golden Fish Fingers served with Chips								YES			Wheat		
Crispy Vegetable Nuggets served with Chips											Wheat		
Chocolate Cookie							YES				Wheat		

