



Central and
North West London
NHS Foundation Trust

Looking after your child's health at school

Information for parents from the
Harrow School Health Team



Wellbeing for life

Hello, we're Harrow School Nurses

The team and I are School Health Nurses, we're qualified nurses with additional training to identify health needs and provide on-going care to children while at school.



Teresa Ruddy –
Specialist School
Nurse



What do school health nurses do?

Health Surveillance

At around five years of age your child will have health screening that includes height, weight and vision tests. If at any time you or your child's teacher have concerns, additional health assessments can be arranged with your agreement.

The school nursing service works in partnership with parents, school staff, GPs, health visitors, safeguarding services and other agencies to support your child's health and well-being.

If you would like to opt your child out of the health screening programme, please contact your School Nursing Team (see 'How to contact us').

National Child Measurement Programme (NCMP)

The majority of children in Reception and Year 6 have their growth measured as part of the NCMP.

It informs parents of the importance of healthy growth and simple measures in preventing future ill health such as heart disease, cancers and diabetes. This data also helps inform government health promotion programmes based on national trends.

Advice and special assistance

We provide general health and well-being advice and support for parents, children and school staff.

We also offer specialist advice and support to parents, carers and school staff for children with medical needs such as asthma and severe allergies.

Health promotion

We provide health advice on a variety of issues to both parents and young people. To promote healthy weight, we offer advice and support on exercise and healthy eating.

Useful health advice

Dental health

Every child should visit the dentist regularly to support healthy teeth and gums. NHS dental care for children is free.

Eye health

Every child should be registered with an optician. Opticians provide free eye tests for all children.

Head lice

Please check your child's hair weekly for head lice. We will be pleased to offer you advice on how to do this and treat it if required.

Immunisations

All children who attend school will be offered immunisations when it is needed in line with the national vaccination policy. An immunisation team will visit your child's school to deliver this. A signed consent form is required at the time of each immunisation.

How to contact us

If you would like to get in touch with the School Health Service, please email us on **cnw-tr.harrowschoolnursing@nhs.net** or call on **0203 317 2555**. This is not an emergency service. Please dial **111** in the first instance in an emergency.

Translation Service

Please tell us in advance of your appointment if you need an interpreter, this will help to ensure you receive the care you need.

Data Protection

Everyone working for the NHS has a legal duty to maintain the highest level of confidentiality.

As a healthcare provider we need to collect information about you; we will store this securely and ask for your permission to share information outside of the organisation. If you require further information please request a copy of our leaflet "How we keep your personal information safe".

Compliments, Concerns or Suggestions

If you would like to make a compliment, suggestion or complaint, please get in touch with the school nurse team manager.

If this does not resolve your problem, please contact our Patient Feedback and Complaints Service:

Email: feedback.cnwl@nhs.net

Tel: 0300 013 4799



This document is also available in other languages, large print, Braille, and audio format upon request. Please email communications.cnwl@nhs.net

هذه الوثيقة متاحة أيضاً بلغات أخرى والأحرف الطباعية الكبيرة وبطريقة برايل للمكفوفين وبصيغة سمعية عند الطلب

Arabic

این مدرک همچنین بنا به درخواست به زبانهای دیگر، در چاپ درشت و در فرمت صوتی موجود است.

Farsi

এই ডকুমেন্ট অন্য ভাষায়, বড় প্রিন্ট আকারে, ব্রেল এবং অডিও টেপ আকারেও অনুরোধ পাওয়া যায়

Bengali

Dokumentigaan waxaa xitaa lagu heli karaa luqado kale, daabacad far waa-wayn, farta indhoolaha (Braille) iyo hab dhegaysi ah markii la soo codsado.

Somali

Mediante solicitação, este documento encontra-se também disponível noutras línguas, num formato de impressão maior, em Braille e em áudio.

Portuguese

நீங்கள் கேட்டுக்கொண்டால், இந்த ஆவணம் வேறு மொழிகளிலும், பெரிய எழுத்து அச்சிலும் அல்லது ஒலிநாடா வடிவிலும் அளிக்கப்படும்.

Tamil

Este documento también está disponible y puede solicitarse en otros idiomas, letra grande, braille y formato de audio.

Spanish

Dokument ten jest na życzenie udostępniany także w innych wersjach językowych, w dużym druku, w alfabecie Braille'a lub w formacie audio.

Polish

આ દસ્તાવેજ વિનંતી કરવાથી બીજી ભાષાઓ, મોટા છાપેલા અક્ષરો અથવા ઓડિઓ રચનામાં પણ મળી રહેશે.

Gujarati

Be belge istenirse, başka dillerde, iri harflerle, Braille ile (görme engelliler için) ve ses kasetinde de temin edilebilir.

Turkish