

HELPING HANDS CLUB



ABOUT US

HOPE worldwide UK is a global charity that has partnered with local communities since 1995 to provide housing for those experiencing homelessness as well as humanitarian aid, education, vocational training, funding, and healthcare in the UK and around the world.



OUR HOLIDAY CLUB

Helping Hands Club (HHC) is a holiday club that offers a safe, supportive space where children can build confidence and resilience through play and activities based on Rossouw's 6 Domains of Resilience.



BENEFITS

- Creating resilience in children through play & activities
- Giving a safe space and nutritious food to the children
- Supporting parents

"Inner resilience is an important resource that appears to be in the outer world and the basis of good mental health"

- (Neenan, 2018).

"Play is the highest form of research."

– **Albert Einstein**

OVERVIEW

- Runs on a Saturday from **10 AM to 2 PM** during **holiday breaks**.
- Supported by trained and enhanced DBS-checked **HOPE worldwide UK volunteers**.
- Children are divided by age group: **KS1 and KS2**.
- **Lunch provided**



UPCOMING DATES

October 25th - KS1
December 20th - KS2
February 14th - KS1
March 28th - KS2
May 23rd - KS1